

Cheat sheet



Valid for :

- Nutrinator milk 4L (2% ou 3,25%) ;
- Québon milk 4L (2% ou 3,25%) ;
- Natrel lactose free milk 2L (2% ou 3,25%).

* In the absence of Québon, you can accept a product equivalent of the Natrel brand.



Valid for :

- a dozen white eggs ;
- from Quebec or Canada ;
- « Large » caliber.

X Brown eggs, organic, enriched with Omega-3 and free-range



Valid for :

- a bag of Arctic Gardens frozen vegetables ;
- between 450g and 750g.

X Bag less than 450g, more than 750g or another brand.



Valid for :

- a bag of Belov baby oat mix;
- of 180g.



Valid for :

- a bag of sliced bread from the St-Méthode bakery

X Organic multi-grain bread with sprouted wheat, organic wholemeal bread and Kamut organic bread.



Valid for :

- a box of 6 jars of Mother Hen baby puree ;
- beef, pork and chicken flavors.



Valid for :

- a block of standard range or marinated Unisoya tofu ;
- between 300g and 454g.

X Organic plain tofu, organic fine herb tofu.

