Let's cook With 0 ett 4

Checklist

Use this checklist when preparing your cooking activities. This will help you make sure that you meet the program's criteria.



Activity type

- ☐ Parents cook a recipe during each activity
- ☐ A Quebec food is showcased and cooked during each activity
- ☐ At least 6 cooking activities are offered
- ☐ Families receive food prepared after the activity (optional)
- Families receive a handout of the activity recipe so they can cook it at home (optional)

Target clientele

- ☐ Cooking activities for parents
- Activities for financially vulnerable parents
- Activities for parents in the perinatal period (from pregnancy until the child is two years old)

Collaboration with the local CLSC

- ☐ A link is established with an Olo resource person at the CLSC
- ☐ The cooking activity facilitator knows about Olo Care and understands how it is offered at the CLSC
- ☐ The cooking activity program is shared with the sector's Olo Care team
- ☐ A system is set up and used to facilitate the registration of families followed at the CLSC

Message consistency and tools

- ☐ Fondation Olo's tools are used
- ☐ The cooking activity facilitator attended an activity offered by Fondation Olo (webinar, training, café-causerie, etc.)
- ☐ The cooking activity facilitator participated in a discussion with a resource person from Fondation Olo
- ☐ The cooking activity facilitator looked at the outcomes report to know what data to collect

Let's cook with Olo program visibility

- ☐ The Fondation Olo sticker is placed on the organization's door or window
- ☐ The cooking activity facilitator wears the Olo apron during the funded cooking activities
- ☐ The participants' authorization (signature) is obtained for taking photos and videos