

Snacks

Yields: 12

Prep time: 10 minutes

Cook time: 15 minutes

Keeps for:

- about 4 days in the fridge
- about 3 months in the freezer

Banana Cookies for Babies



2 **bananas**



125 ml (1/2 cup)
quick oats



125 ml (1/2 cup)
iron-fortified baby cereal

Variations:

You can add spices like cinnamon, nutmeg or cardamom.

Directions

- 1 Place oven rack in the middle position and preheat oven to 180°C (350°F). Grease a baking sheet or cover with parchment paper.
- 2 In a medium bowl, mash the **bananas** with a fork.
- 3 Add the **oats** and **iron-fortified baby cereal**. Mix well.
- 4 Make 12 balls with the cookie dough and place them on the baking sheet. Press lightly on the balls with a fork to give them a round, flattened shape.
- 5 Bake for 15 minutes.

**These cookies contain iron,
making them an ideal
snack for babies.**